

CONTACT INFORMATION

Police, Fire, Ambulance (Emergency)	911
Durham Regional Police Service	905-579-1520 905-683-9100 1-888-579-1520 www.drps.ca
DRPS - Victim Services Unit	ext. 5616
(Domestic Violence) Bail Safety Programme	905-444-4322
Victim Witness Assistance Program (VWAP)	905-430-4170
Crown Attorney's Office	905-430-4150

EMERGENCY HOUSING

Bethesda House (24 hrs)	905-623-6050 or 1-800-338-3397 www.bethesdahouse.ca
Herizon House	905-426-1064 or 1-866-437-4066 www.herizonhouse.com
Denise House (24 hrs)	905-728-7311 or 1-800-263-3725 www.thedenisehouse.com
YWCA	905-576-8880 www.ywcadurham.org
Y's Wish	905-576-2997 www.ywcadurham.org

COUNSELLING SERVICES

Domestic Violence & Sexual Assault Care Centre	905-571-3344 ext.105 www.dvsacc.com
Catholic Family Services	Ajax 905-428-1984 Oshawa 905-725-3513 www.cfsdurham.com
Durham Family Counselling	Intake 1-866-840-6697
Crisis Service/Durham Mental Health Service	905-666-0831 After hours 905-666-0483
Oshawa Community Health Centre	905-723-0036 www.ochc.ca

24 HOUR CRISIS NUMBERS

Distress Centre	1-800-452-0688 www.distresscentredurham.com
Rape Crisis Centre	905-668-9200 www.durhamrapecrisiscentre.com
Kid's Help Line	1-800-668-6868
Assaulted Women's Help Line	1-866-863-0511

ADDICTION COUNSELLING

Alcohol Anonymous	905-728-1020 www.alcoholics-anonymous.org
Pinewood Centre	905-723-8195 www.pinewoodcentre.org

CHILDREN / YOUTH SERVICES

Children's Aid Society of Durham	905-433-1551 www.durhamcas.ca
Child-Victim Support Program (ages 3-16)	1-416-515-1100
Frontenac Youth Services (ages 12-19)	905-579-1551 www.frontenacyouthservices.org
Grandview Children's Centre	905-728-1673
Kid's Help Line (24 hrs)	1-800-668-6868
Kinark Child & Family Services	905-433-0241 www.kinark.on.ca
Rose of Durham	905-432-3622 www.roseofdurham.ca

LEGAL SERVICES

Family Law Information Centre	905-579-1988
Durham Family Court Clinic	905.436.6754 www.dfcc.org
Ontario Family Court	905-430-4900
Lawyer Referral Service	1-800-268-8326
Legal Aid	905-576-2124 www.legalaid.on.ca
Luke's Place	905-728-0978 www.lukesplace.ca

OTHER SERVICES

Women's Multicultural Resource & Care Centre	905-427-7849 www.wmrccdurham.com
Victim Crisis Assistance & Referral Service (VCARS)	905-579-1520 ext.1846
Supervised Access Services	905-619-4565
Credit Counselling Services	905-579-1951
Neighbours, Friends and Families Campaign	www.neighboursfriendsandfamilies.com

Assistance Guide

INTIMATE RELATIONSHIP ABUSE

RECOGNIZING, REPORTING AND ASSISTANCE SERVICES

Attending Officer

Badge No.

Unit

Telephone

Incident No.



***** IMPORTANT - IF THE ABUSER HAS ACCESS TO YOUR PHONE OR COMPUTER, CLEAR ALL USER HISTORY (OR USE A SAFE PLACE).**

RECOGNIZING

What is Intimate Relationship Abuse?

Intimate relationships between the opposite sex or same sex partners can vary in duration and legal description, but generally includes current and former dating partners, common-law partners or married couples.

Intimate Relationship Abuse refers to acts of physical, sexual and psychological maltreatment in which one person controls or intends to control another person's behavior.

The misuse of power and control is usually involved and often results in some type of harm to the family members involved.

The following section includes behaviours that may help you decide if you or someone you know is being abused.

BEHAVIOUR CHECKLIST

The following checklist includes behaviours that may help you decide if you or someone you know is being abused.

Emotional or Psychological Control

- calls you names, puts you down, criticizes or humiliates you
- makes it difficult for you to go out or visit family and friends
- behaves in an overprotective way or becomes extremely jealous

Economic Control

- denies access to family assets like bank accounts or credits cards
- forces you to account for what you've spent or takes your money
- prevents you from getting or keeping a job or education

Makes Threats

- threatens to report you for something you didn't do
- threatens to harm or kidnap the children
- threatens you with weapons to promote fear

Commits Acts of Physical Violence

- destroys personal property or throws things around
- grabs, pushes, hits, punches, slaps, kicks, chokes or bites
- forces you to engage in sexual activities that you don't want to do
- carry out threats to hurt you, your family, pets or himself

REPORTING

When an incident is reported, the Durham Regional Police Service (DRPS) investigates and a report will be filed. The officer in charge determines if a crime has occurred and if an arrest is required.

Report Resulting In No Charges

A member from the DRPS Victim Services Unit (VSU) and/or Victim Crisis Assistance and Referral Service will contact the involved parties to offer support and referrals.

In the Event of an Arrest

The accused will be taken into custody and a determination made regarding release conditions.

- The accused could be released on a Promise to Appear / Officer in Charge Undertaking with conditions to prevent continuation of the incident. A member from the VWAP will contact the victim shortly after the incident to offer safety planning, support, referrals and court updates.
- In cases where the accused has been held for a Bail Hearing, a member from the (Domestic Violence) Bail Safety Program (open 8 a.m. - 5 p.m. daily) will contact the victim shortly after the

incident. The victim could also call this team at 905-444-4322. They will ensure that the victim has an opportunity to discuss their concerns and what they would like to see happen. They will also provide information about the court process, safety planning and community referrals.

When charges have been laid, it is extremely important that all victims/witnesses keep the Police and Crown Attorney's office up to date on any new contact information. Please call DRPS at 905-579-1520 and the Crown Attorney's office at 905-430-4150.

Procedure for Reporting a Breach

The Criminal Code of Canada states that any person who violates or assists anyone in committing a violation of a condition of any release, may be charged with a criminal offence.

Contact DRPS immediately by phone or attend any local station. Supply any relevant information such as tape recordings, videos, photographs, or a copy of the accused person's release documents. Make sure you obtain your Incident Report Number and the officer's name & badge number.

PLEASE REMEMBER

- Abuse is not your fault, even though your abuser will say it is. You are not responsible for the actions of others, including your intimate partner.
- Being married does not shield your abuser from the law.
- Every Canadian citizen has the right to a safe and violent free life.
- Calling the police is a positive step forward to prevent further violence.

Special thanks to the Police Appreciation Dinner & Awards Night Committee for financially supporting this reference guide.



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www.drps.ca